



SUMMER SPORTS CAMP

{Strength, Speed, Skills}

SSS Camp provides an opportunity for young GVCS students to be challenged physically and spiritually among their peers in a safe environment. The students will be placed in an opportunity to succeed as well as be challenged as their skill levels vary. Throughout the summer, each week will have a different sport/theme as the focus. The first half of every day will be a separate strength and/or speed workout followed by devotions. The second hour each day will contain skill development for the selected sport and then competitions/games related to this sport.

WHO: GVCS students entering 5th-8th grade

WHEN: June 7- July 23- 8:45-10:45 am

WHERE: Grand View Christian MS/HS Campus

Tentative Sports Schedule:

Week One (6/7)- Soccer (field)

Week Two (6/14)- Basketball (gym)

Week Three (6/21)- Volleyball (gym)

Week Four (6/28)- PE games (field/gym)

Week Five (7/5)- Basketball (gym)

**Week Six (7/12)- Catching/throwing
(field/gym)**

Cost: \$35 per week

***Max of 16 students per week**

***Sign-up for the whole summer or
for specific weeks.**

***Register at the link provided in
the Thunderbolt**